

**BARRANQUILLA 2018**

XXIII CENTRAL AMERICAN  
AND THE CARIBBEAN GAMES 2018

TECHNICAL  
MANUAL

# WEIGHTLIFTING



BARRANQUILLA 2018



ODECABE/CACSO

# TECHNICAL MANUAL

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**BARRANQUILLA** 2018

XXIII CENTRAL AMERICAN  
AND THE CARIBBEAN GAMES 2018

# SPORTS AUTHORITIES



ODECABE/CACSO

## EXECUTIVE COMMITTEE

Name	Position	Country
Mr. Steve Stoute	President	Barbados
Sr. Carlos Padilla	1st Vicepresident	Mexico
Mr. Baltazar Medina	2nd Vicepresident	Colombia
Ms. Judy Simons	3rd Vicepresident	Bermuda
Mr. Eduardo Alvarez	Secretary General	Venezuela
Mr. Camilo Amado	Treasurer	Panama
Mr. Salvador Jimenez	First Vocal	Honduras
Mr. Ruperto Herrera	Second Vocal	Cuba
Mr. Christopher Samuda	Third Vocal	Jamaica
Mr. Hans Larsen	Fourth Vocal	Haiti
Ms. Sara Rosario	Fifth Vocal	Puerto Rico
Mr. Ciro Solano	Ex Officio Member	Colombia

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### CACSO

Central American and Caribbean  
Sport Organization.

### Address

Olympic House  
Puerto Rico Olympic Committee  
Second Floor, Suite CACSO  
San Juan, PR 00908

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### Mail

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## CACSO STAFF

Name	Position	Country
Ms. Myrna Febus	Adjunt Secretary	Puerto Rico
Dr. Enrique Amy	Medical Director	Puerto Rico
Mr. Carlos Uriarte	Head of Media	Puerto Rico
Ms. Carla Alonso	Events Operations	Puerto Rico
Lic. Julio E. Torres	Legal Advisor	Puerto Rico
Lic. Mario Rodríguez	Legal Advisor	Puerto Rico
Lic. Jorge O. Sosa	Audit	Puerto Rico
CPA. Ricardo Alvarez	Finance	Puerto Rico

## TECHNICAL COMMISSION

Name	Position	Country
Prof. Humberto Cintrón	President	Puerto Rico
Mr. Keith Joseph	Vicepresident	Saint Vincent and the Grenadines
Mr. Luis Cumba	Member	Dominican Republic
Mr. Carlos Cisneros	Member	Mexico
Mr. Erskine Simons	Member	Barbados
Mr. Melecio Rivera	Member	El Salvador
Mr. Julio Roberto Gómez	Member	Colombia
Dr. René Romero	Member	Cuba







## TECHNICAL ADVISORS

Name	Position	Country
Mr. Guillermo Rergis	Technical Advisor	Mexico
Mr. Hector Figueroa	Technical Advisor	Puerto Rico
Ing. Salvador Ortiz	Technical Advisor	Puerto Rico
Ms. Maria C. Muñoz	Technical Advisor	Puerto Rico

# NATIONAL OLYMPIC COMMITTEES MEMBERS OF THE CACSO

Antigua	ANT			GUY	Guyana
Aruba	ARU			HAI	Haiti
Bahamas	BAH			HON	Honduras
Barbados	BAR			ISV	Virgin Islands
Belize	BIZ			IVB	GB Virgin Islands
Bermuda	BER			JAM	Jamaica
Costa Rica	CRC			LCA	Saint Lucia
Cuba	CUB			NCA	Nicaragua
Cayman Islands	CAY			PAN	Panama
Dominica	DMA			PUR	Puerto Rico
Dominican Republic	DOM			SKN	Saint Kitts and Nevi
El Salvador	ESA			SUR	Surinam
Granada	GRN			TTO	Trinidad & Tobago
Guatemala	GUA			VEN	Venezuela
Mexico	MEX			VIN	Saint Vincent & the Grenadines
Host country				COL	Colombia

## ASSOCIATED MEMBERS

	Martinique(MTQ)		Guadeloupe(GLP)		French Guyana (GUF)
	Saint Marten (SXM)		Turks & Caicos(TCA)		Curaçao (CUW)

# COBAR 2018

XXIII Central American and the Caribbean Games Barranquilla 2018,  
Organizing Committee

COBAR 2018 Physical Address  
CRA 54 No. 74-127  
Telephone  
+(57) 311 230 3984

Official Webpage  
[www.barranquilla2018.com](http://www.barranquilla2018.com)

**COBAR 2018 ©**

## COBAR 2018 ORGANIZING COMMITTEE

### NAME

Dr. Baltazar Medina

Dr. Alejandro Char Chaljud

Dr. Eduardo Verano De La Rosa

Dra. Clara Luz Roldán

Dr. Ciro Solano

Dr. Gonzalo Baute

Dra. Ana María Aljure

Dr. Carlos Acosta

Dr. Rafael Lafont

### POSITION

- President (President Colombian Olympic Committee)
- Mayor of Barranquilla
- Governor of the Atlantico State
- National Director of COLDEPORTES
- Secretary General of Colombian
- District Secretary of Sports
- District Secretary General
- City Development Manager
- District Infrastructure Secretary

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# TECHNICAL DIRECTION

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## NAME

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Maria Llinas Bermejo

Jorge Cotte Bruges

Nelson Osorio Lentino

Maria Barraza Cervantes

Carmen Sanjuan Melendez

Maycol Thomas Gutierrez

Daniel Paez Bastidas

## POSITION

- Director
- General Secretary
- National Olympic Committees
- Entry Coordinator
- Judgment
- Intl. Federations Communications
- Sports Management
- Sports Venues
- Sports Operations



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# WEIGHTLIFTING

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# **IWF INTERNATIONAL WEIGHTLIFTING FEDERATION**

PRESIDENT: TAMÁS AJÁN

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# **PAWF PAN AMERICAN WEIGHTLIFTING FEDERATION**

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# **FCLP COLOMBIAN WEIGHTLIFTING FEDERATION**

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# **INTERNATIONAL TECHNICAL DELEGATE**

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The bottom right corner of the page features a decorative graphic consisting of several overlapping, wavy lines in a gradient of orange and red, creating a sense of movement and depth.

# DATE AND PLACE OF COMPETITION

The Weightlifting competition of the XXIII Central American and Caribbean Games, Barranquilla 2018 will take place on July 20 to 24, 2018 at the ATLANTICO University Coliseum.

## EVENTS AND MEDALS

The events announced for the Weightlifting competition at XXIII Central American and Caribbean Games, Barranquilla 2018 are:

### WOMEN'S

#### EVENTS

#### MEDALS

	GOLD	SILVER	BRONZE
48 KG. - SNATCH	1	1	1
53 KG. - SNATCH	1	1	1
58 KG - SNATCH	1	1	1
63 KG - SNATCH	1	1	1
69 KG - SNATCH	1	1	1
75 KG. - SNATCH	1	1	1
OVER 75 KG - SNATCH	1	1	1
48 KG - CLEAN & JERK	1	1	1
53 KG - CLEAN & JERK	1	1	1
58 KG - CLEAN & JERK	1	1	1
63 KG - CLEAN & JERK	1	1	1
69 KG - CLEAN & JERK	1	1	1
75 KG - CLEAN & JERK	1	1	1
OVER 75 KG - CLEAN & JERK	1	1	1
<b>TOTAL MEDALS WOMEN'S</b>	<b>16</b>	<b>16</b>	<b>16</b>

## MEN'S

EVENT	MEDALS		
	GOLD	SILVER	BRONZE
56 KG - SNATCH	1	1	1
62 KG - SNATCH	1	1	1
69 KG - SNATCH	1	1	1
77 KG - SNATCH	1	1	1
85 KG - SNATCH	1	1	1
94 KG - SNATCH	1	1	1
105 KG - SNATCH	1	1	1
OVER 105 KG. - SNATCH	1	1	1
56 KG - CLEAN & JERK	1	1	1
62 KG - CLEAN & JERK	1	1	1
69 KG - CLEAN & JERK	1	1	1
77 KG - CLEAN & JERK	1	1	1
85 KG - CLEAN & JERK	1	1	1
94 KG - CLEAN & JERK	1	1	1
105 KG - CLEAN & JERK	1	1	1
OVER 105 KG - CLEAN & JERK	1	1	1
<b>TOTAL MEDALS MEN'S</b>	<b>16</b>	<b>16</b>	<b>16</b>
<b>TOTAL MEDALS WEIGHTLIFTING</b>	<b>32</b>	<b>32</b>	<b>32</b>

# COMPETITION SCHEDULE

DAY	TIME	EVENT	CATEGORY	STAGE
JULY 20	12:00	56 KG	M	FINAL
	14:00	48 KG	F	FINAL
	16:00	62 KG	M	FINAL
JULY 21	12:00	53 KG	F	FINAL
	14:00	69 KG	M	FINAL
	16:00	58 KG	F	FINAL
JULY 22	12:00	77 KG	M	FINAL
	14:00	63 KG	F	FINAL
	16:00	85 KG	M	FINAL
JULY 23	10:00	69 KG	F	FINAL
	12:00	94 KG	M	FINAL
	14:00	75 KG	F	FINAL
	16:00	90 KG	F	FINAL
JULY 24	10:00	105 KG	M	FINAL
	12:00	(+) 90 KG	F	FINAL
	14:00	(+) 105 KG	M	FINAL



## PARTICIPATION

Only the NOCs recognized by CACSO, with National Weightlifting Federations that are members of the International Weightlifting Federation (IWF) and to the Pan American Weightlifting Federation (PAWF) can enter athletes to the Weightlifting competition of the XXIII Central American and Caribbean Games, Barranquilla 2018. If recognized by PAWF, associated members recognized by CACSO may also be allowed to participate.

## MAXIMUM NUMBER OF COMPETITORS

According to the quota established by CACSO the Boxing competition shall have a maximum of one hundred and ten (110) athletes, fifty (50) women and sixty (60) men.

Each NOC may enter a maximum of thirteen (13) athletes, 6 women and 7 men, with a maximum of two (2) athletes per category and gender, as long as they meet the Weightlifting qualifying criteria for the XXIII Central American and Caribbean Games, Barranquilla 2018.

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## AGE OF COMPETITORS

Competitors must be at least 15 years old in the year of competition (born in 2003)

Eligibility

To participate in the XXIII Central American and Caribbean Games, Barranquilla 2018, competitors must comply with the provisions of the Central American and Caribbean Games Regulations and the IWF Rules, and must be entered by its NOC according to Chapter XI of CACSO Statute.

## ENTRIES

Only the NOCs recognized by CACSO, with National Weightlifting Federations that are members of the International Weightlifting Federation (IWF) and to the Pan American Weightlifting Federation (PAWF) may enter athletes to the Weightlifting competition of the XXIII Central American and Caribbean Games, Barranquilla 2018. If recognized by PAWF, associated members recognized by CACSO may also be allowed to participate.

## **ENTRY BY NUMBER**

The Entry by Number forms (indicating the number of participants in each individual event) shall be sent to the Organizing Committee of the XXIII Central American and Caribbean Games Barranquilla 2018 (COBAR 2018) at the latest before midnight (Barranquilla, Colombia's time) of April 20, 2018 according to CACSO's Regulation, Chapter VIII.

## **ENTRY BY NAME**

For each eligible athlete to participate in the XXIII Central American and Caribbean Games Barranquilla 2018 it is necessary to fill out an entry by name form that should be contemplated by NOCs and will be received by the Organizing Committee (COBAR 2018) before midnight (Barranquilla, Colombia's time) of Wednesday June 20, 2018 according CACSO's Regulations, Chapter VIII.

Each NOC shall send the entry by number and entry by name forms in the official forms provided by the Organizing Committee, to be delivered six (6) months before the Games.

If you have any doubt or for clarification purposes, the Organizing Committee has this e-mail address at your disposal: [inscripciones@baq2018.com](mailto:inscripciones@baq2018.com)

## **MINIMUM PARTICIPATION**

For an event to be considered official at least five (5) representations must participate from the same number of National Olympic Committees. In the event one or more representations, after the Technical Meeting takes place, may not participate due to force majeure (verified by CACSO) the event will be carried out with a minimum of four (4) representations of the same number of National Olympic Committees.



## **TECHNICAL MEETING AND FINAL VERIFICATION**

The Final Verification will take place on July 19, at 16:00, at the "PUERTA DE ORO" Center.

Up to two representatives from each NOC will be able to attend this Final Verification. (OJO EN LOS OTROS MANUALES LO LLAMAN Technical Meeting.

The invitation card for the Technical Meeting (En español VERIFICACION FINAL....) will be available to the Heads of Team at the Sports Information Center at the Central American and Caribbean Village upon their arrival.

The meeting of Technical Officials will take place on July 19, at 17:00 at the "PUERTA DE ORO" Center.

The Technical Delegate and the Organizing Committee's Competition Manager for Weightlifting will preside the meeting, which will be in Spanish with translation into English

## **TECHNICAL OFFICIALS**

The Pan American Weightlifting Federation (PAWF) will designate referees and judges.

## **PROTESTS AND APPEALS**

In Weightlifting protests and appeals are not accepted, because Referees and/or Juries decisions are final, according to this sports regulations.

## **SPORTS EQUIPMENT**

ELEIKO brand sports equipment has been officially authorized for competition, warm-up and training.

## MEDAL CEREMONIES

Medal ceremonies will take place according to CACSO's Regulations, Chapter XIII.

**First Place:** Gold medal and diploma  
Snatch y Clean & Jerk

**Second Place:** Silver medal and diploma  
Snatch y Clean & Jerk

**Third Place:** Bronze medal and diploma  
Snatch y Clean & Jerk

## DOPING CONTROL

Doping control will be done according to CACSO's Medical Commission requirements, according to the corresponding International Federation Regulation and will follow the 2018 version of standards of the World Anti-Doping Agency procedures (WADA).

## COMPETITION VENUE

The Weightlifting competition will take place at the ATLANTICO UNIVERSITY Coliseum



# COORDENADAS GEOGRÁFICAS DE BARRANQUILLA, COLOMBIA

Latitud: 10°58'06" N

Longitud: 74°46'52" O

Altitud sobre el nivel del mar: 24 m

Humedad promedio anual: 79 -81%

T	Temperatura media anual	28.2
TM	Temperatura máxima media anual	32.8
Tm	Temperatura mínima media anual	25.0
V	Velocidad media del viento (m/seg)	3.2

<b>SALIDA DEL SOL</b>	<b>PUESTA DEL SOL</b>	<b>MEDIODÍA SOLAR</b>	<b>DURACIÓN DEL DÍA</b>
5:46	18:24	12:05	12h 37min 18s
Zona Horaria de Barranquilla			UTC-05:00 o -05

## DISTANCIA A PRINCIPALES CIUDADES DE COLOMBIA KM

Bogota	Cali	Cartagena	Santa Marta	Medellin
1302	1212	124	93	750

The official currency of Colombia is the Colombian peso.

**This document has**

been issued by the Technical Direction of  
The XXIII Central American and Caribbean  
Games Barranquilla 2018

**Responsible**

Alexander González Vidal

**Apoyo:**

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International Technical Delegates

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Armando Segovia Ortiz

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[www.barranquilla2018.com](http://www.barranquilla2018.com)



**BARRANQUILLA** 2018



ODECABE/CACSO